



THIRD BIRCH/CEDAR JULY 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p>1</p> <p>10:00- Calender Visits 2:00- Bingo BL 6:45-Church Service WC</p>	<p>2</p> <p>10:00- Pet Visit with Bella 2:00- Board Games CG 6:30- Music Visits BL</p>	<p>3</p> <p>10:00- Sunshine Walks 2:00- Erik Brombacher CR</p>	<p>4</p> <p>10:00- Shuffle Board CR 2:00- Treat Cart</p>	<p>5</p> <p>10:00-Singalong With Jean 2:00-Bingo BL</p>	<p>6</p> <p>2:00- Card Games CG</p>
<p>7</p> <p>10:00- Manicures BL</p>	<p>8</p> <p>10:00-Chair Yoga BL 2:00- Bingo CR 6:45-Church Service WC</p>	<p>9</p> <p>10:00- Sunshine Walks 2:00- Crafts BL 3:00-Fun and Fit BL</p>	 <p>10</p> <p>10:00- Muic and Manicures CG 2:00- Ice Cream Parlour CR</p>	<p>11</p> <p>10:00-Roman Catholic Mass CR 2:00-Forty Creek Country CR</p>	<p>12</p> <p>10:00-Singalong With Jean CR 2:30- Outdoor Walks</p>	<p>13</p> <p>2:00-Debbie Saxaphone CR 2:00-Outdoor Walks CG</p>
<p>14</p> <p>2:00- Music and Memories BL</p>	<p>15</p> <p>2:00- Bingo CR 6:45-Church Service WC</p>	<p>16</p> <p>10:00-Colouring Sensations CG 2:00-Sunshine Walks 6:30-Card Games BL</p>	<p>17</p> <p>10:00- Anglican Service WC 2:00- Music Visits CG</p>	<p>18</p> <p>10:00-Morning Relaxation CG 2:00-Active Games BL</p>	<p>19</p> <p>10:00-Singalong With Jean 2:00-Bingo BL</p>	<p>20</p> <p>10:15-Music and Trivia BL</p>
<p>21</p> <p>10:15- Music & Mamories CG 2:00- Marantha Baptist WC</p>	<p>22</p> <p>10:00-Balloon Tennis BL 2:00- Bingo CR 6:45-Church Service WC</p>	<p>23</p> <p>10:00-Rosary WC 2:00-Refreshments on the Balcony BL 3:15- Fun and Fit CG</p>	<p>24</p> <p>10:00-Big Balloon of Fun CG 2:00- Baking in MC</p>	<p>25</p> <p>10:00-Sunshine Walks 2:00--Forty Creek Country Birthday Party CR</p>	 <p>26</p> <p>UP UP & AWAY DAY 9:45- Balloon Photo Shoot CR 1:30- The Movie "UP" CR</p>	<p>27</p> <p>10:15- Manicures CG</p>
<p>28</p> <p>2:00- Arts and Crafts BL</p>	<p>29</p> <p>10:00-Singalong BL 2:00- Bingo CR 6:45-Church Service WC</p>	<p>30</p> <p>10:00- Pet Visit with Bella 11:45-Dining Club Luncheon WC 6:30-Music and Trivia</p>	 <p>31</p> <p>11:30- Garden Picnic</p>	<p>Please note: Frank and Sue will be playing in the Celebration Room during the tuck shop hours 2:00 - 4:00. Sunday, July 28th. Residents may attend independently or with family. Activities staff will be running programs on the units.</p>		