

**Reviewed/Revised 2024 (updated: May 15 )**

**P:\Hot Weather Action Plan and related Data\Heat Related Hot Weather Action Plan 2024.docx.docx**

GOAL : to ensure a safe environment at a comfortable room temperature during summer months for residents that meets the legislated requirements as outlined in the LTC			
EXPECTED OUTCOME: the internal room temperature of resident care areas will be maintained between 22-25 degrees Celsius from May 15 to September 15, 2024			
<b>Action/Task/Item</b>	<b>Responsible Person</b>	<b>Completion Date</b>	<b>Actions / Updates</b>
Plan implementation	All Staff	Ongoing	<ul style="list-style-type: none"> <li>- On any day in which the external temperature is at 26 degrees Celsius or greater, the heat prevention illness plan will be implemented</li> <li>- The Heat Related / Hot Weather guidelines for Health Related Illness Prevention and Management Plan (RC-08-01-04 A4 will also be printed, completed, dated and signed to ensure all aspects are covered on that day.</li> </ul>
Resident care plans updated by April 15 <sup>th</sup> outlining those at risk of heat related illnesses	RHA team leads / RAI / DOC	April 15 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Every resident will have a heat risk assessment completed and their care plan updated by April 15<sup>th</sup></li> <li>- Families will be notified to ensure the resident has appropriate clothing given the hot weather</li> </ul>
Staff education about signs / symptoms of heat related illness	Educator / NP / DOC	May 31 <sup>st</sup>  May 12 <sup>th</sup>	<ul style="list-style-type: none"> <li>- Staff re-education on the symptoms of heat stroke, heat exhaustion, heat cramps, and heat rash and the prevention of same</li> </ul>
Dietary Department has a plan to support prevention of heat related illness	Dietary manager / dietary supervisors		<ul style="list-style-type: none"> <li>- Menu for summer in place – done: Starts May 23<sup>rd</sup></li> <li>- Enhanced hydration protocols in place for days when temperature <math>\geq</math> 26 degrees                             <ul style="list-style-type: none"> <li>o Offer ice water personal jugs to residents where able</li> <li>o Increase hydration rounds</li> </ul> </li> <li>- Work with RD to ensure at risk residents have a hydration plan</li> </ul>
Air conditioning capacity of home optimized	ES Manager / Assistant manager / ED		<ul style="list-style-type: none"> <li>- Ensure all AC units cleaned and ready for 2024 summer – Done</li> <li>- Ensure supplies in place to set up temporary free standing units if needed</li> </ul>
Air Conditioning in a resident room out of commission	EHS Manager	Situational	<ul style="list-style-type: none"> <li>- Staff to notify management and maintenance immediately if unit not working properly</li> </ul>
Communication to residents and families re heat prevention measures			<ul style="list-style-type: none"> <li>- Provide information to families re Hot weather – illness prevention plan – Plan to be posted on web page annually</li> </ul>
Proactive daily measures to reduce temperature increase	RHA team lead / Maintenance	Ongoing	<ul style="list-style-type: none"> <li>- Ensure all window blinds at the ends of the hall ways are drawn closed by 0600 am on days with forecasted high expected to be above 24 degrees</li> </ul>

in the building when forecasted temperatures are expected to be $\geq 25$ degrees	Staff		<ul style="list-style-type: none"> <li>- Ensure all windows are closed</li> <li>- Minimize the use of fans ; to control risk of spreading infectious disease</li> <li>- Cancel outdoor activities</li> <li>- Ensure enhanced surveillance of residents to monitor change in status</li> <li>- Increase hydration rounds to at least every hour</li> <li>- Provide in room ice water for those residents who would use this</li> <li>- Ensure facility cold zones are marked so they can be used for residents if needed</li> </ul>
Daily monitoring of indoor temperatures and humidity			<ul style="list-style-type: none"> <li>- Daily monitoring of temperatures required from May 15 to Sept 15<sup>th</sup> inclusive.</li> </ul>
If inside Building temperature or room temperature at 26 degrees or higher	Maintenance staff	Dependent on temperatures	<ul style="list-style-type: none"> <li>- Ensure hydration rounds on all units are done at least q2hourly</li> <li>- Move residents to designated cool zones in building</li> <li>- Increase room temperature monitoring in at least one resident room on any RHA that notes elevated room temperatures</li> <li>- Ensure residents are appropriately dressed</li> <li>- Increase monitoring of residents for signs of heat illness</li> <li>- Offer showers / bathing with temperate water to residents who seem unduly affected by heat</li> <li>- ED to advise regional director</li> </ul>
In the event of a Code Grey / Power Outage	Maintenance Staff	Management Team	<ul style="list-style-type: none"> <li>- Follow Code Grey Plan for power loss</li> </ul>

\*Status – not started to 25% - 50% - 75% - 100% Done