

Reviewed/Revised 2023

P:\Hot Weather Plan Actions and Resident Care\Heat Related Hot Weather Action Plan 2023.docx

GOAL : to ensure a safe environment at a comfortable room temperature during summer months for residents that meets the legislated requirements as outlined in the LTC			
Action/Task/Item	Responsible Person	Completion Date	Actions / Updates
Plan implementation	All Staff	Ongoing	<ul style="list-style-type: none"> - On any day in which the external temperature is at 26 degrees Celsius or greater, the heat prevention illness plan will be implemented
Resident care plans updated by April 15 th outlining those at risk of heat related illnesses	RHA team leads / RAI / DOC	April 15 th	<ul style="list-style-type: none"> - Every resident will have a heat risk assessment completed and their care plan updated by April 15th - Families will be notified to ensure the resident has appropriate clothing given the hot weather
Staff education about signs / symptoms of heat related illness	Educator / NP / DOC		<ul style="list-style-type: none"> - Staff education to be completed via the on line learning platform
Policy review and updates to staff re preventing health related illnesses	Executive director	May 12 th	<ul style="list-style-type: none"> - Education updated via on line learning platform and assigned to all staff
Dietary Department has a plan to support prevention of heat related illness	Dietary manager / dietary supervisors		<ul style="list-style-type: none"> - Menu for summer in place - Enhanced hydration protocols in place <ul style="list-style-type: none"> o Offer ice water personal jugs to residents where able o Increase hydration rounds - Work with RD to ensure at risk residents have a hydration plan
Air conditioning capacity of home optimized	ES Manager / Assistant manager / ED		<ul style="list-style-type: none"> - Room specific AC units installation completed
Air Conditioning in a resident room out of commission	EHS Manager	Situational	<ul style="list-style-type: none"> - Staff to notify management and maintenance immediately if unit not working properly - Immediately notify the contractor to come and repair the units - Temperatures in resident room to be monitored 3x a day while AC unit out of commission - If temperature in room elevates above 26 degrees, move resident to another room with air conditioning. The move may occur sooner at the residents request - Ensure family / POA is notified

Proactive daily measures to reduce temperature increase in the building when forecasted temperatures are expected to be ≥ 25 degrees	RHA team lead / Maintenance Staff	Ongoing	<ul style="list-style-type: none"> - Ensure all window blinds at the ends of the hall ways are drawn closed by 0600 am on days with forecasted high expected to be above 24 degrees - Ensure all windows are closed - Cancel outdoor activities - Ensure enhanced surveillance of residents to monitor change in status - Increase hydration rounds to at least every hour - Provide in room ice water for those residents who would use this
Daily monitoring of indoor temperatures and humidity if outside Temp ≥ 26 degrees Celsius			<ul style="list-style-type: none"> - Track daily temperature and humidex as per policy - If internal building temperature exceeds 25 degrees Celsius in any resident care area, notify both the ED and EDOC
If inside Building temperature or room temperature at 26 degrees or higher	Maintenance staff	Dependent on temperatures	<ul style="list-style-type: none"> - Ensure hydration rounds on all units are done at least q2hourly - Move residents to designated cool zones in building – classroom / staff break room / lounge-dining area on each RHA - Increase room temperature monitoring in at least one resident room on any RHA that notes elevated room temperatures - Ensure residents are appropriately dressed - Increase monitoring of residents for signs of heat illness - Offer showers / bathing with temperate water to residents who seem unduly affected by heat